



Menu for Summer Institute

Coffee, tea and water will be available for morning breaks, and Ice tea and water will be available for the afternoon breaks along with a sweet treat. You may bring your own snacks and lunch if items on the menu do not meet your dietary needs. There is also a Starbucks located on the first floor of the activity center.

If you do not plan to eat the lunches provided, please let us know on Monday, so we are not over ordering. Also we need to know your preference for a box lunch on Friday.

Monday, June 5

Make your own deli sandwich

- Sliced Oven Roasted Turkey, Sliced Roast Beef, Deli Ham, Tuna, Cheese Tray, Relish Tray
- Assorted baked breads and rolls
- Asian Slaw with Red Peppers, Carrots, Scallions, Minced Fresh Mint and Cilantro in a Sesame Teriyaki Dressing
- Traditional Garden Salad

Tuesday, June 6

Baked Potato Bar

- Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed Broccoli, Crumbled Bacon, Shredded Cheddar Cheese, Scallions and Sour Cream, Butter
- Traditional Garden Salad

Wednesday, June 7

Salad Bar with shredded chicken

- Fresh Garden Vegetables over Mixed Greens in a Balsamic Vinaigrette
- Seasoned Shredded chicken
- Bakery Fresh Roll
- Assorted Individual Chips,
- Whole Fruit.

Thursday, June 8

Make your own deli sandwich

- Sliced Oven Roasted Turkey, Sliced Roast Beef, Deli Ham, Tuna, Cheese Tray, Relish Tray
- Assorted baked breads and rolls
- Traditional Garden Salad
- Greek Penne Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives

Friday, June 9

Box Lunch

- Choice of Turkey and Swiss, Ham and Swiss, or Garden Vegetable and Cheese Sandwich
- Individual Bag of Chips
- Whole Fruit
- Cookie

We would encourage you to bring a light sweater or jacket as we do not have control over the temperature of the conference room.